COURSE IDENTIFICATION

Course Code/Number: OTA 110

Course Title: Kinesiology for the Occupational Therapy Assistant

Division: 

- [ ] Applied Science (AS)  
- [ ] Liberal Arts (LA)  
- [x] Workforce Development (WD)
- [ ] Health Care (HC)  
- [ ] Lifetime Learning (LL)  
- [ ] Nursing  
- [ ] Developmental

Credit Hour(s): Two (2)

Effective Date: Summer 2015

Assessment Goal Per Outcome: 80%

COURSE DESCRIPTION

The course provides a basic understanding of human body movement as related to skeletal, articular, neurological and muscular systems. Students will learn biomechanical assessment procedures and how to identify relationships between structure and function and significance.

MINIMUM REQUIREMENTS/PREREQUISITES AND/OR COREQUISITES

Prerequisite: BIOL 257 Human Anatomy and Physiology and Lab BIOL 258
Co-requisite: OTA 111 Kinesiology for the OTA Lab

TEXTS

The official list of textbooks and materials for this course is found on myNeosho.

http://www.neosho.edu/ProspectiveStudents/Registration/CourseSyllabi.aspx

GENERAL EDUCATION OUTCOMES

1. Practice Responsible Citizenship through:
   - identifying rights and responsibilities of citizenship,
   - identifying how human values and perceptions affect and are affected by social diversity,
• identifying and interpreting artistic expression.

2. Live a healthy lifestyle (physical, intellectual, social) through:
   • listing factors associated with a healthy lifestyle and lifetime fitness,
   • identifying the importance of lifetime learning,
   • demonstrating self-discipline, respect for others, and the ability to work collaboratively as a team.

3. Communicate effectively through:
   • developing effective written communication skills,
   • developing effective oral communication and listening skills.

4. Think analytically through:
   • utilizing quantitative information in problem solving,
   • utilizing the principles of systematic inquiry,
   • utilizing various information resources including technology for research and data collection.

**COURSE OUTCOMES/COMPETENCIES (as Required)**

After active participation in this course and an effort to learn the material, students will be able to:

1. Build on current knowledge of bones, ligaments or muscles by name, anatomic location, or function. B.1.1

2. Identify relationships between structure and function in tissues and the implications/importance of these relationships. B.5.3

3. Analyze human motion by muscle function, innervations and kinetics. B.1.1

4. Evaluate joint range of motion and abnormal movement and posture. B.1.1

**MINIMUM COURSE CONTENT**

The following topics must be included in this course. Additional topics may also be included.

Instructional Units:
1) Kinesiology: A foundation in Occupational Therapy
2) Human Body Functions and Structures Influencing Movement
3) Factors Influencing Movement
4) Introducing Movement Demands
5) Function and Movement of the Trunk and Neck
6) The Essential Functions of the Lower Extremity
7) Function and Movement of the Shoulder and Scapula
8) Function and Movement of the Elbow Complex
9) Function and Movement of the Hand
STUDENT REQUIREMENTS AND METHOD OF EVALUATION

INSTRUCTIONAL METHODS
1. Lectures
2. Audio-Visual aids
3. Examples and demonstrations; skills groups/learning stations
4. Writing samples
5. Revision of writings
6. Conferences
7. Tests
8. Unannounced requirements, including unannounced tests, possible

STUDENT REQUIREMENTS
Class quizzes will be scheduled to allow the student to test their knowledge and to allow the instructor to get feedback about comprehension of the material. Some quizzes will be graded, and others may receive credit for participation. Exam dates are provided in the detailed schedule handed out in class and available from the course webpage.
Students must:
1. Successfully pass all prerequisite and OTA courses in previous semesters
2. Attend all classes, outside fieldtrips and labs
3. Have required textbook/s and materials with them at each class

Students will be graded on attendance, class participation, individual skills check outs, exams, homework and lab assignments.

GRADING SCALE
The following grade scale applies throughout this course:

90%-100%, A
80%-89%, B
70%-79%, C
Below 70% F

NOTE: A grade of "D" is not possible in this course. A student receiving a final grade of less than a “C” will be required to repeat this course. This course may only be repeated once, and passing this course is necessary for completing the OTA program.

ASSESSMENT OF STUDENT GAIN
The purpose of assessing student learning at Neosho County Community College is to ensure the educational purposes of the institution are met and appropriate changes are made in program development and classroom instruction to allow for student success. The instructor(s) of this course will determine the methods of assessment most appropriate and complete an assessment report at the end of the course.

Attendance Policy
1. NCCC values interactive learning which promotes student engagement in the learning process. To be
actively engaged, the student must be present in the learning environment.

2. Unless students are participating in a school activity or are excused by the instructor, they are expected to attend class. If a student’s absences exceed one-eighth of the total course duration, (which equates to one hundred (100) minutes per credit hour in a face-to-face class) the instructor has the right, but is not required, to withdraw a student from the course. Once the student has been dropped for excessive absences, the registrar’s office will send a letter to the student, stating that he or she has been dropped. A student may petition the chief academic officer for reinstatement by submitting a letter stating valid reasons for the absences within one week of the registrar’s notification. If the student is reinstated into the class, the instructor and the registrar will be notified. Please refer to the Student Handbook/Academic Policies for more information.

3. Absences that occur due to students participating in official college activities are excused except in those cases where outside bodies, such as the State Board of Nursing, have requirements for minimum class minutes for each student. Students who are excused will be given reasonable opportunity to make up any missed work or receive substitute assignments from the instructor and should not be penalized for the absence. Proper procedure should be followed in notifying faculty in advance of the student’s planned participation in the event. Ultimately it is the student’s responsibility to notify the instructor in advance of the planned absence.

ACADEMIC INTEGRITY

NCCC expects every student to demonstrate ethical behavior with regard to academic pursuits. Academic integrity in coursework is a specific requirement. Definitions, examples, and possible consequences for violations of Academic Integrity, as well as the appeals process, can be found in the College Catalog, Student Handbook, and/or Code of Student Conduct and Discipline.

ELECTRONIC DEVICE POLICY

Student cell phones and other personal electronic devices not being used for class activities must not be accessed during class times unless the instructor chooses to waive this policy.

NOTE

Information and statements in this document are subject to change at the discretion of NCCC. Students will be notified of changes and where to find the most current approved documents.

ACCOMMODATIONS

If you are a student with a disability who may need accommodation(s), in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) of 1990, please notify the Dean of Student Services in the Student Services Office, Sanders Hall, 620-432-0304, on the Chanute Campus, or the Dean for the Ottawa and Online Campuses, 785-248-2798, on the Ottawa Campus as
soon as possible. You will need to bring your documentation for review in order to determine reasonable accommodations, and then we can assist you in arranging any necessary accommodations.

NON-DISCRIMINATION POLICY

The following link provides information related to the non-discrimination policy of NCCC, including persons with disabilities. Students are urged to review this policy.

http://www.neosho.edu/Departments/NonDiscrimination.aspx

SEXUAL MISCONDUCT POLICY (TITLE IX)

At NCCC, it is the responsibility of an instructor to help create a safe learning environment in the classroom, including both physical and virtual classrooms. All instructors are considered mandatory reporters at NCCC, therefore any information regarding sexual misconduct that is shared by a student in one-on-one meetings with the instructor must be reported to appropriate personnel at the College. Instructors will keep the information private to the greatest extent possible, but it is not confidential. Generally, climate surveys, classroom writing assignments or discussions, human subjects research, or events such as Take Back the Night events do not provide notice that must be reported to the Coordinator by employees, unless the reporting party clearly indicates that they wish a report to be made.

The following link provides information related to the sexual misconduct policy of NCCC, including resources, reporting options, and student rights. Students are urged to review this policy.

http://www.neosho.edu/TitleIX.aspx

COURSE NOTES